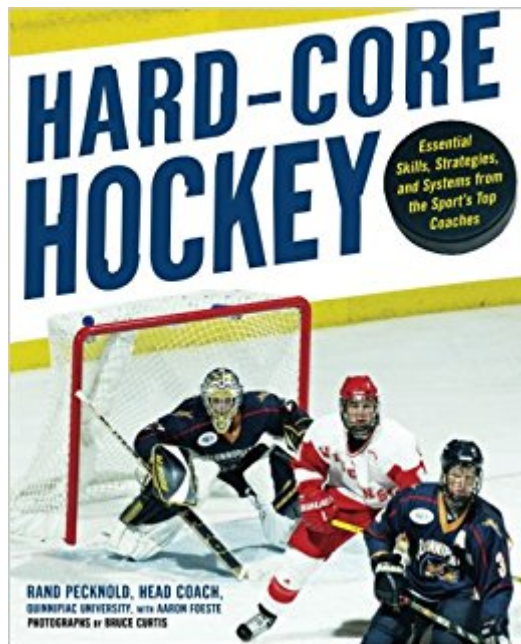


The book was found

Hard Core Hockey: Essential Skills, Strategies, And Systems From The Sport's Top Coaches



Synopsis

Coach Pecknold has created a no-gimmicks system for teaching skills and strategy that gets players to the next level. • --George Gwozdecky, head coach of the University of Denver men's ice hockey team, and 2005 National Coach of the Year Hard Core Hockey is an all-in-one guide to playing high-caliber hockey from a veritable who's who of the world's top coaches. Including advanced skating and stick-handling techniques, collegiate-level systems, and effective drills, it features contributions from Ted Donato, head coach of Harvard University; Frank Serratore, head coach at the United States Air Force Academy; and more.

Book Information

Paperback: 224 pages

Publisher: McGraw-Hill Education; 1 edition (February 4, 2009)

Language: English

ISBN-10: 0071480455

ISBN-13: 978-0071480451

Product Dimensions: 7.4 x 0.3 x 9.2 inches

Shipping Weight: 9.6 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars • See all reviews (4 customer reviews)

Best Sellers Rank: #722,642 in Books (See Top 100 in Books) #32 in Books > Sports & Outdoors > Coaching > Hockey #262 in Books > Sports & Outdoors > Hockey #636 in Books > Sports & Outdoors > Winter Sports

Customer Reviews

There are a lot of how to coach hockey books, drill books, etc. out there, but this is the first book I found that teaches the finer points of the game. It explains the difference between what good players do and what elite players do, and what skills a player needs to be an elite player. It also has a chapter on elite goaltending skills. It is a must for any coach who wants to understand the game better and teach their players to play at a highly competitive level. It is also good for highschool players who want to know what it takes to play at the college level.

this is a very useful book for players that want the skills to bring their game to the next level. Also a good guide for coaches or people trying to improve their kid's hockey ability.

This book is a must for both veteran coaches and those looking to become elite coaches at any

level. Co-author Rand Pecknold has taken Quinnipiac University from a Div. III team with a total of six wins in his first year to a Div. I team currently ranked number one in the country for the third consecutive week. We can all learn from this coach's logical, systematic approach to the game - and thankfully the book presents these systems in a user-friendly format. Hey, if Pecknold can take a program that's practicing at 4:15am and 12pm in a local rink to building a rink seating 3,500 and selling out, I'm game for whatever the guy's putting out there for advice! Put this one in your "wood pile" and come back to it when you need to stoke your hockey fire.

A great book with great tips. My grandson wound up getting two given to him. The nature of hockey players to play more and to not read..... but this presented it well.

[Download to continue reading...](#)

Hard Core Hockey: Essential Skills, Strategies, and Systems from the Sport's Top Coaches The games of drawing room hockey, tether ball, hand tennis, garden hockey, volley ball, basket goal, lawn hockey, wicket polo, hand polo, golf croquet, clock golf, laws of badminton Simply the Best: Insights and Strategies from Great Hockey Coaches Baseball: Baseball Strategies: The Top 100 Best Ways To Improve Your Baseball Game (The Best Strategies Exercises Nutrition & Training For Playing & Coaching The Sport of Baseball) Soccer: Soccer Strategies: The Top 100 Best Ways To Improve Your Soccer Game (The Best Strategies Exercises Nutrition & Training For Playing & Coaching The Sport of Soccer) Tennis: Tennis Strategies: The Top 100 Best Things That You Can Do To Greatly Improve Your Tennis Game (The Best Strategies Exercises Nutrition & Training For Playing & Coaching The Sport of Tennis) The Hockey Play Book: Teaching Hockey Systems Advanced Basketball Defense: The World's Most Complete Illustrated Guide For Coaches, Players & Die-Hard Fans Essential Oils: Ultimate Essential Oils Guide and 89 Powerful Essential Oil Recipes! (2nd Edition) - How to Use Essential Oils for Aromatherapy and Healthy ... Loss, Essential Oil Recipes, Aromatherapy) ESSENTIAL OILS: Aromatherapy, Essential Oils For Beginners, And Essential Oil Recipes To Improve Your Health (Medicinal Herbs) (Essential oil recipes, ... Aromatherapy and essential oils Book 1) Essential Oils: 50 Essential Oil Dog & Cat Recipes From My Essential Oil Private Collection: Proven Essential Oil Recipes That Work! (Essential Oil Pet Private Collection Book 1) Top Corner Youth Hockey Skills: A Parent's Guide to the Mite Years Play Better Hockey: 50 Essential Skills for Player Development Hockey Confidence: Train Your Brain to Win in Hockey and in Life Beckett 2015 Hockey Price Guide 24th Edition (Beckett Hockey Card Price Guide) Roman: A Cold Fury Hockey Novel (Carolina Cold Fury Hockey) Max: A Cold Fury Hockey Novel (Carolina Cold Fury Hockey) National Hockey League Official Guide & Record Book

2017 (National Hockey League Official Guide and) Hockey Abstract Presents... Stat Shot: The
Ultimate Guide to Hockey Analytics Coaching Hockey Successfully: Advanced Coaching Manual
(Special USA Hockey Edition)

[Dmca](#)